

SNACKS

Fish Fingers	\$ 3 5	Grilled BBQ Wings	\$ 2 2
Chicken Fingers	\$ 3 3	Classic Wings	\$ 2 6
Chicken Bacon Wrap	\$ 3 3	<i>Crispy Sand Bar Buffalo</i>	
Classic Beef Burger (or Chicken / Fish Burger)	\$ 4 5		
<i>Add: Cheese \$5 Bacon \$8</i>			

FROM THE SEA

Served with a choice of ONE (1) side

Pure Grenada Steamed Fish \$ 6 5

Fresh fish poached in broth, seasoned with local herbs, peppers, and tomatoes.

Catch of the Day \$ 5 6

Please ask your server for today's choice.

Seared Tuna \$ 6 2

Fresh tuna, topped with sesame seeds.

Coconut Shrimp \$ 8 0

Jumbo shrimps, fried in batter, covered in coconut flakes.
Served with our Chef's sweet chili sauce.

Grilled Shrimp \$ 7 0

Grilled to perfection and drizzled with our famous garlic butter.

FROM THE LAND

Served with a choice of ONE (1) side

Striploin Steak \$ 10 5

Grilled to perfection just the way you like it and drizzled with a peppercorn sauce.

Bourbon BBQ Ribs \$ 8 5

Slow-cooked to tenderness, slathered with our signature Sand Bar BBQ Sauce.

Cajun Chicken Breast \$ 5 2

Chicken breast with spicy Cajun seasoning and grilled to perfection.

Grenadian Curry Vegetables \$ 5 0

Local vegetables simmered in a rich curry sauce

10% Service Charge will be added to your final bill

Prices are in EC dollars and include VAT

SAND BAR FAVOURITES

Rasta Pasta \$40

Penne pasta tossed in a creamy sauce with ginger and sweet peppers.

*Jerk seasoning optional

Add: Chicken \$16 | Fish \$20 | Shrimp \$35

Roti

Curried potatoes wrapped in chapati (Indian style flatbread).

Chicken \$35

Fish \$40

Shrimp \$55

Chef Phillip's Salad \$35

Freshly picked lettuce, tomatoes, cucumbers topped with fried onions, cranberries, local fruit & passionfruit vinaigrette

Add: Chicken \$16 | Fish \$20 | Shrimp \$35

Sand Bar Ceasar Salad \$38

Iceberg lettuce, local lettuce, croutons, grated parmesan cheese, bacon, egg, topped with a ceasar dressing

Add: Chicken \$16 | Fish \$20 | Shrimp \$35

SIDES

Fries \$15

Mashed Potatoes \$17

Sauteed Local Vegetables \$19

Garden Salad \$17

Rice \$12

Coleslaw \$12

DESSERT

Waffle & Ice Cream \$30

Homemade Chocolate Cake \$25

Homemade Baked Cheesecake \$28

Ask server for flavour available

Caramel Pecan Cake \$20

Grenadian Ice Cream \$16

Chocolate | Nutmeg | Coconut | Vanilla

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